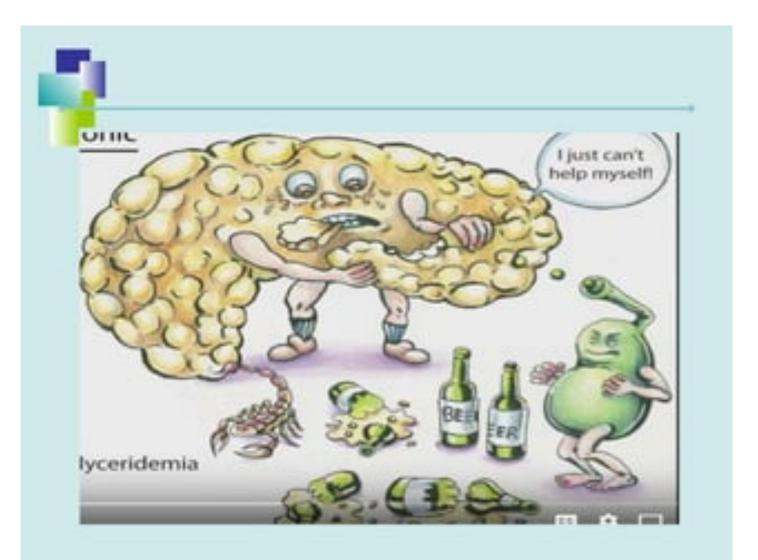
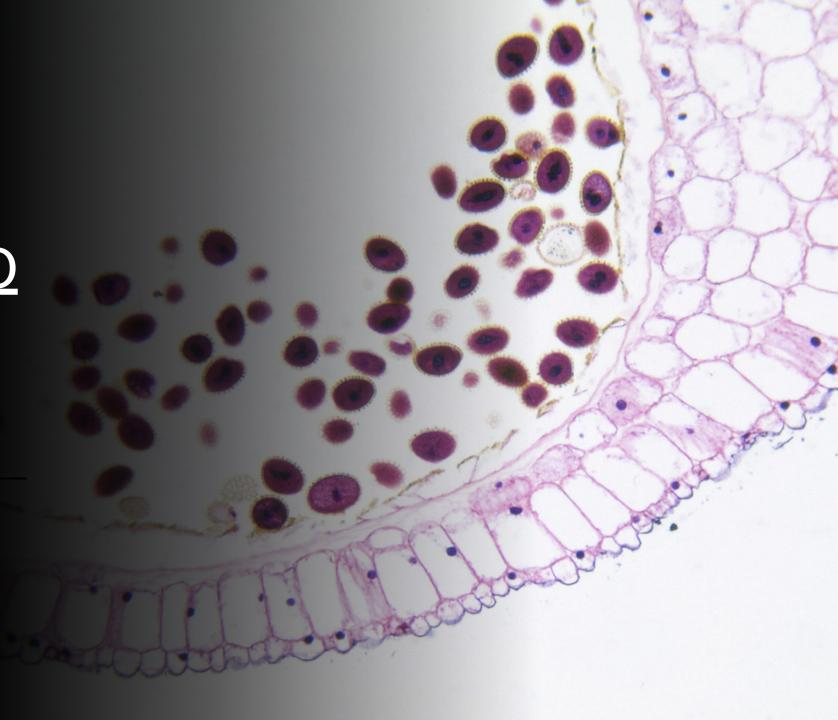
What are we going to talk about ? Any guess!

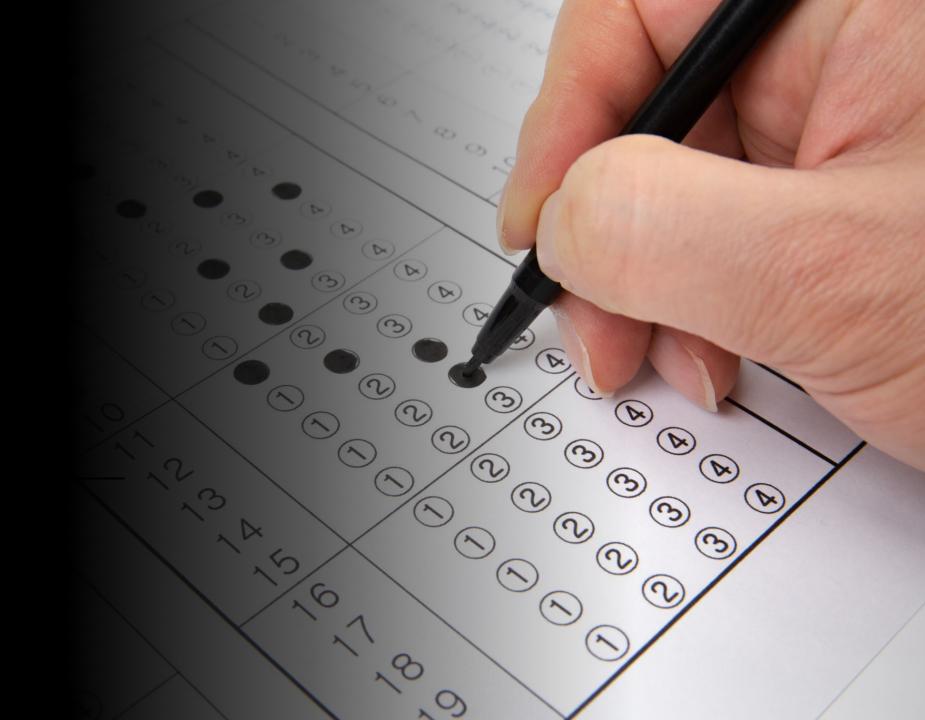


PANCREAS AND PANCREATIC CYSTS



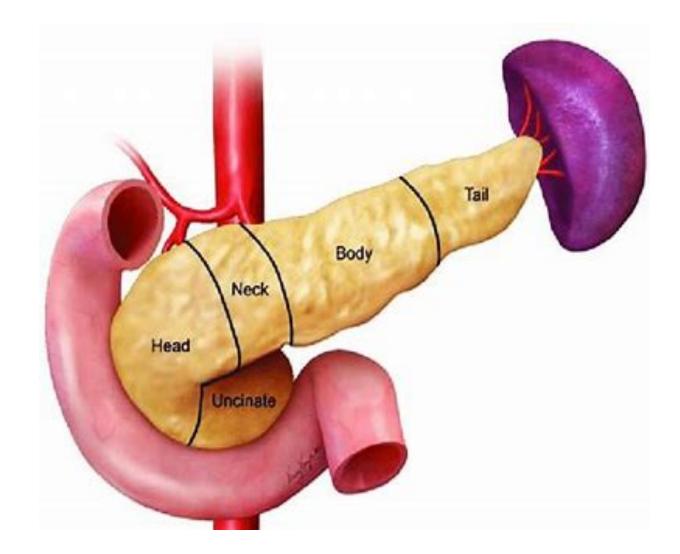
Knowledge Check

Survey | Poll Everywhere



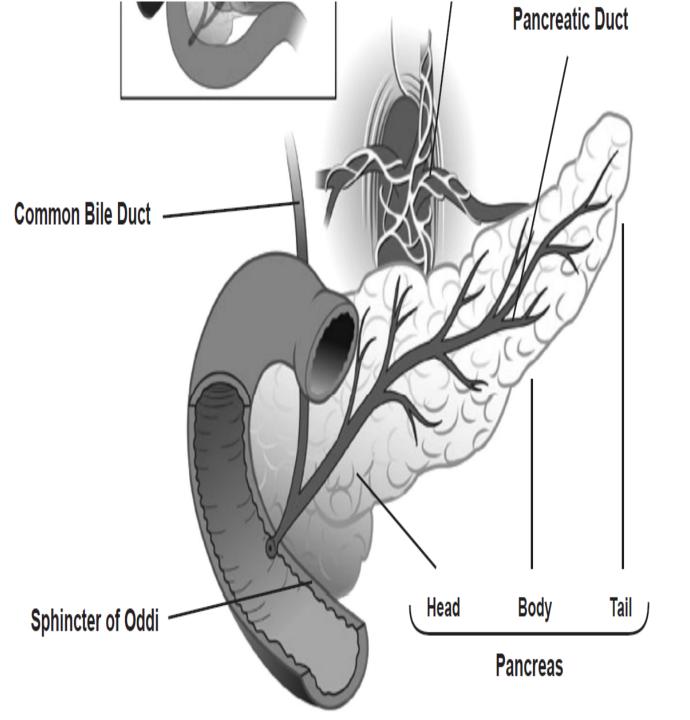
Pancreas

- The pancreas is pear-shaped gland and approximately 6-8 inches long, located between the stomach and the spine.
- Produces enzymes to digest food and secrete insulin hormones that help regulate metabolism.



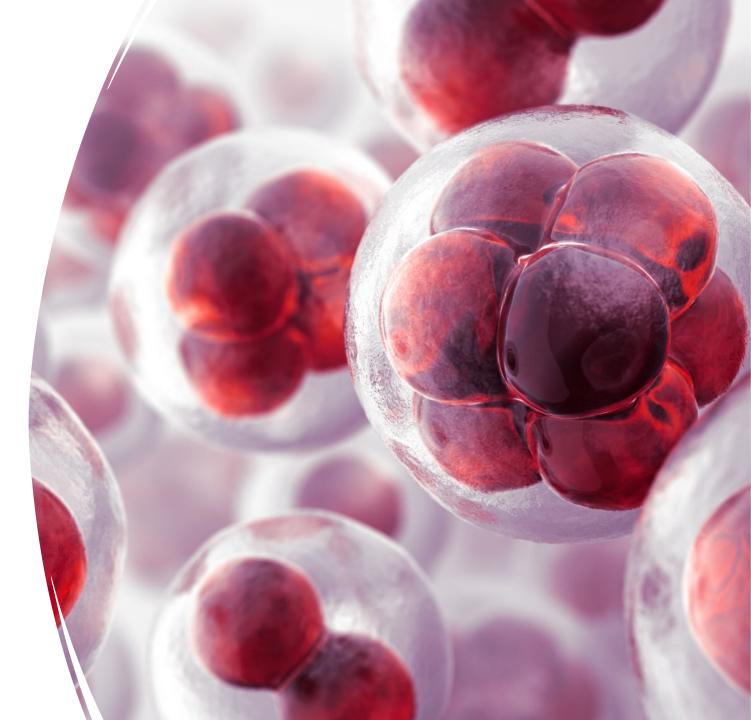
Ducts involved

- The pancreatic duct is a channel that runs through the pancreas and empties digestive juices into the small bowel.
- The common bile duct is another channel that drains bile from the gallbladder and runs through the head of the pancreas.



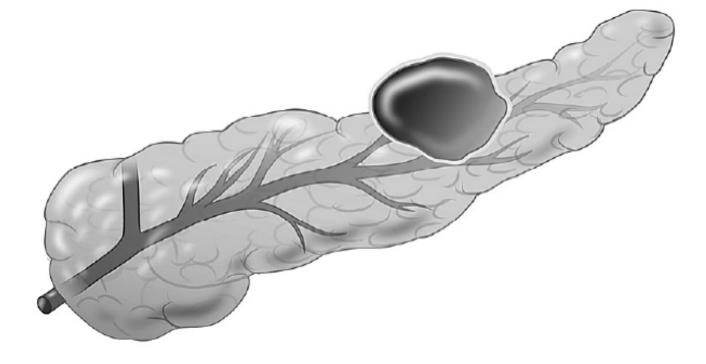
PANCREATIC CYSTS

- Pancreatic cysts are abnormal, sac-like pockets of fluid within pancreas.
- Different types of cysts.

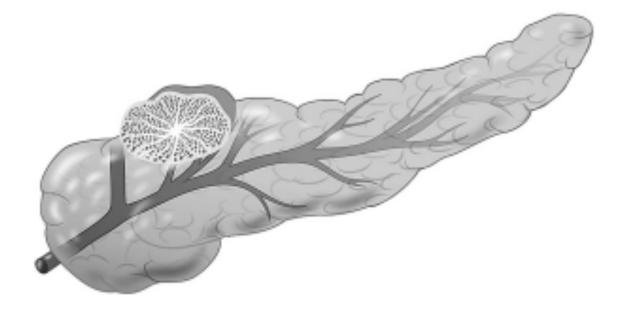


Types of Cysts

Pancreatic Pseudocysts



Serous Cystadenomas (SC)

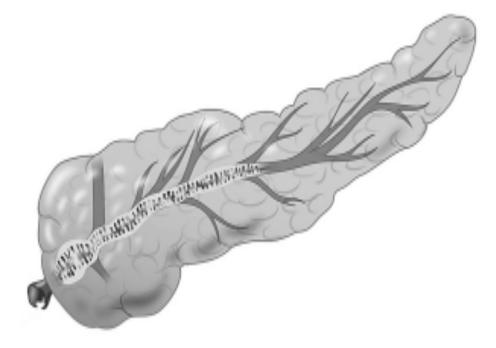


Mucinous Cystic Neoplasm (MCN)



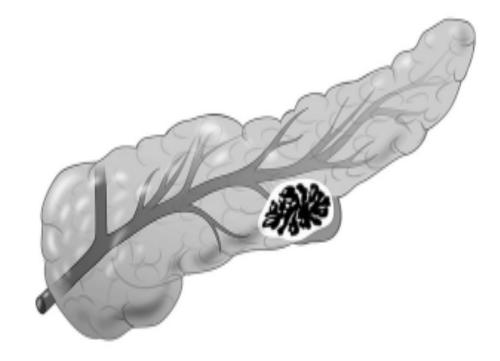


Intraductal Papillary Mucinous Neoplasm (IPMN)





<u>Solid</u> <u>Pseudopapillary</u> <u>Neoplasm (SPN)</u>



Pancreatic Cysts types knowledge check

Survey | Poll Everywhere



Jaundice

Symptoms of Pancreatic Cvsts

Nausea and Vomiting

Upper Abdominal Pain that radiates to the back and shoulders.

Most Common Cystic Lesions

Pseudocyst

~ 80%, even

Intraductal papillary mucinous neoplasm (IPMN)

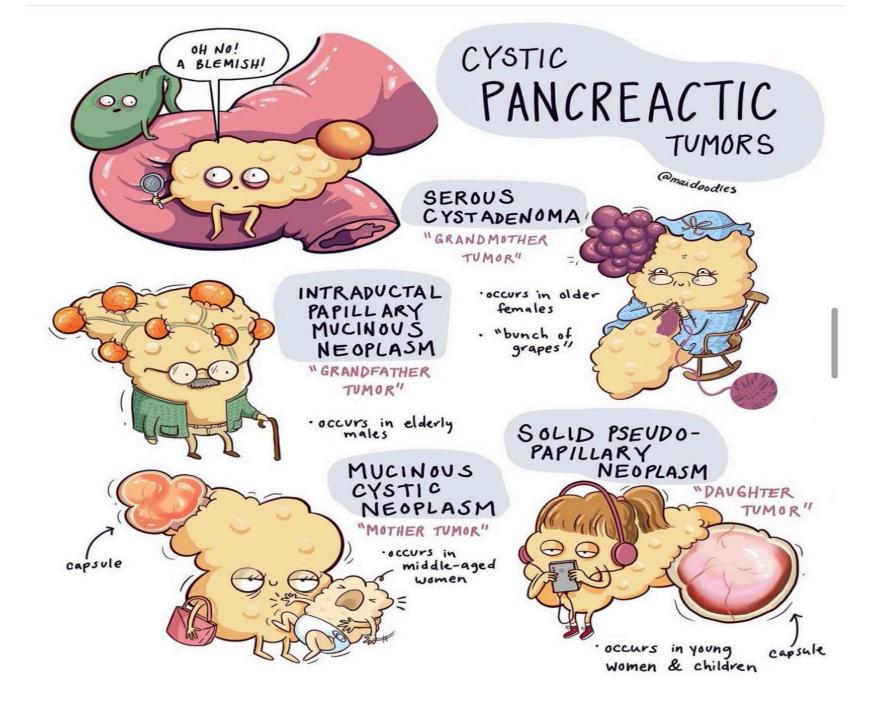
~10%, head

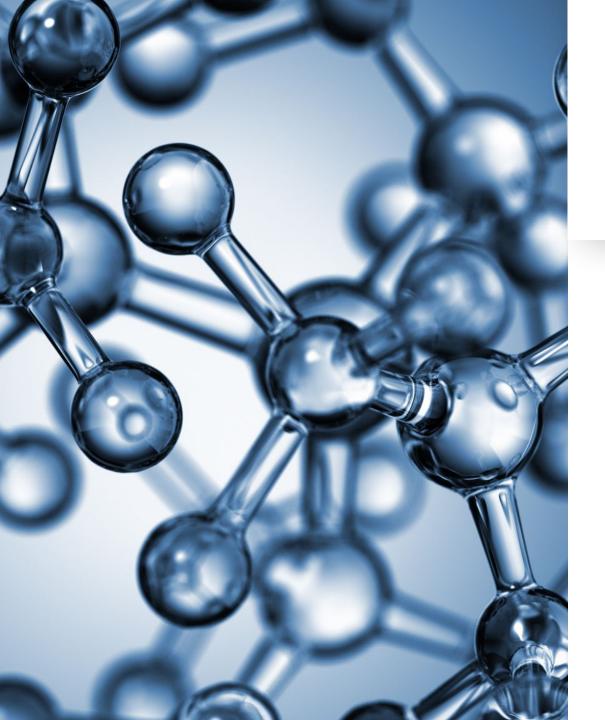


WCOG@ACG2017 October 13-18 Orlando, Florida Serous Cystadenoma (SCA)

~5%, even

Mucinous cystic neoplasm (MCN) ~5%, body/tail





<u>Risk Factors of Pancreatic</u> <u>Cysts</u>

Gall Stones	Alcohol use
Abdominal Injury	Pancreatitis

Von Hippel- Lindau disease- Genetic disease affecting pancreas



Diagnostic tests for Pancreatic Cysts

- Trans abdominal ultrasound
- CT/MRI
- Endoscopic Ultrasonography
- Endoscopic Retrograde Cholangiopancreatography

<u>Tests continued..</u> <u>Needle Biopsy</u>

Tissue extracted to analyze under a microscope

Used to determine if a mass or lump is cyst , an infection , a benign tumor, or cancer.

Fine needle aspiration/ core needle biopsy.



Tests continued.. Needle Aspiration

Endoscopic ultrasound:

- 19- gauge fine needle aspiration
- Success rate is 97.12%
- Risk of pancreatitis.
- IV sedation
- Biopsy needle through the skin and into the pancreas.
- Sample of fluid/pus from cyst.

What's next?

Sample of cysts fluid to determine whether it has potential to be malignant or not

Size of the cyst, location of cyst etc.

<u>Complications</u> from needle biopsy/needle aspiration

Excessive <u>bleeding</u>

Cutting a hole in your small intestines

Infection

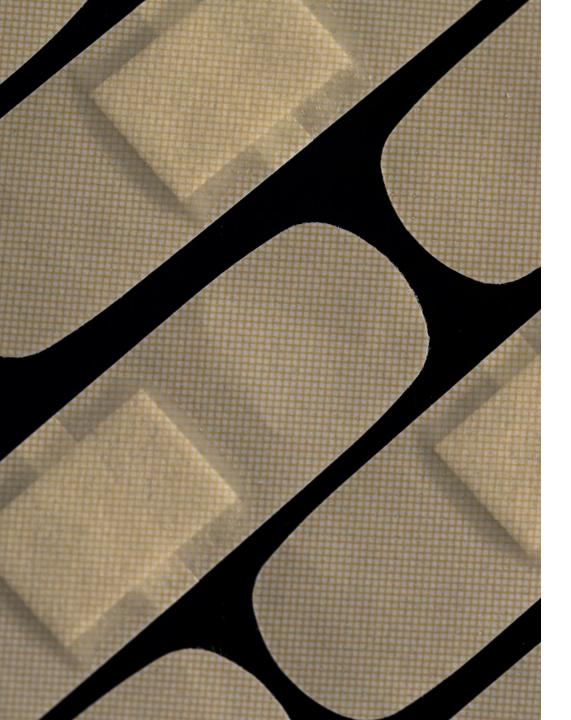
Acute Pancreatitis



Nursing Considerations

Pre-procedure:

- Patient education and consent
- Informed consent
- Assessment- medical history, allergies and coagulation status, medications.
- NPO status
- Administer antibiotics



Nursing Considerations Continued...

During procedure:

- Prevent infection- Aseptic technique, antibiotics.
- Monitoring vital signs and oxygen saturation.
- Observe for signs of discomfort or adverse reactions.
- Provide emotional support.
- Encourage relaxation techniques.

Nursing Considerations Continued....

Post Procedure:

- Monitor Vital signs, signs of bleeding and infection.
- Assess biopsy site for bleeding.
- Administer pain medications as needed.
- Patient comfort
- Education- No heavy lifting and when to expect the results.



Comfort Check

How comfortable you feel about taking care of the patient after endo needle biopsy/ aspiration procedure?

Survey | Poll Everywhere



<u>Treatment of</u> <u>Pancreatic Cysts</u>



Cyst size and type of cyst

Ability to operate and location of cyst

Presence of symptoms such as pain or weight loss or jaundice

Surgical risks

Malignant potential

Other medical conditions



Surgery

Whipple procedure

Distal Pancreatectomy

QUESTIONS?

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